

Enshin Karate



BELT COLOR

☐ Ashburn ☐ Falls Church ☐ Vienna ☐ Fairfax



Student's name _____ Age: _____ Belt size: _____ Fees: _____

I, _____, do request permission of the Enshin Karate Kai Kan, the Headquarters of the schools of Enshin Karate to take promotion test. I have been recommended by the head Instructor Sensei Vlado.

I have met the Financial requirements of this school, and have endeavored to follow all of the rules and regulations expected of me. As I advance in rank, I realize that I must try harder to set an example to my juniors by following the courtesies and tradition of Martial Arts. Now, and in the future, I will try the best of my ability to train harder in Enshin manner and to faithfully support my school family the best way I can.

APPLICANTS SIGNATURE: _____ DATE: _____

JAPANESE TERMINOLOGY -----
DOJO ETIQUETTE -----
SCHOOL GRADES -----
RESPECT TO PARENTS -----

HAND TECHNIQUE -----
KICK TECHNIQUE -----
KATA -----
SELF-DEFENSE -----

BREAKING -----
ATTENDANCE -----
SPARRING -----

A+..outstanding A..Almost perfect B+.Excellent B..Good B-..Need work C+..Passing C..Retest

__Effort	__Back Kick	__Stance	__Blocks	__Flexibility
__Roundhouse	__Spin Kick	__Punch	__Confidence	__Concentration
__Kata	__Coordination	__Focus	__Conditioning	__Balance
__Power	__Karate Spirit	__Speed	__Eye Contact	---Patience

Remark: _____